

**December
2022**



**1000 East Locust
Court
Fort Collins, CO
80524**

**Office Phone
(970) 488-5925**

**Fax
(970) 488-5927**

**Attendance
(970) 488-5926**

**Laurel
Website**



Laurel Elementary

SCHOOL OF ARTS & TECHNOLOGY

A Letter From the Principal...

Dear Laurel families,

Thank you for sending your healthy child to school on time every day. Good attendance is a vital key to the success of your child.

Classes begin at 7:45. Students can be on school grounds beginning at 7:15 every day. Students have the following options, beginning at 7:15:

- eat breakfast in the Laurel cafeteria
- play outside on the playground
- join Early Bird Club (reading books in the Media Center)
- or join Math Club (math skill practice in the Media Lab)

Breakfast service ends at 7:43.

When your child is not in school, we appreciate when you remember to call the attendance line at 970-488-5926 to communicate the reason for absences. You may also enter your child's absence on ParentVUE on the PSD website <https://www.psdschools.org/schools/parents>



continued on next page

**We understand the stress
of caring for a sick child.**

Our providers are here to help get
your family on the fast track to healthy.



The Youth Clinic
caring for our future generations



**Pediatric
Urgent Care**
OF NORTHERN COLORADO

A Letter from the Principal, continued...

Please mark these important dates on your 2023 calendar:

- January 5 First day back to school after Winter Break
- January 12 6:00PM PTO meeting (on Google Meet)
- January 27 Spirit Day – A Day at the Zoo – bring a stuffy to school
- February 14 Spirit Day – Wear Red, White, and Pink Day
- February 16 6:00PM 5th grade concert in Laurel Gym
- **February 20 NO SCHOOL**
- March 1 6:00PM 2nd & 4th grades spring concert @ Lesher Middle School
- March 9 6:00PM PTO meeting (on Google Meet)
- **March 11 – 19 Spring Break – NO SCHOOL**
- March 31 Spirit Day – Twin Day – dress with a friend to look similar
- April 12 Kindergarten (2023-24) visit day
- April 13 6:00PM Kinderstar Concert in Laurel Gym
- **April 21 NO SCHOOL**
- April 28 Spirit Day – Career Day – dress like what you want to be as a grown up
- May 11 6:00PM – PTO meeting (on Google Meet)
- **May 15 NO SCHOOL**
- May 17 Preschool Last Day
- May 26 Last Day for Students

I am very grateful for how active Laurel families are in making Laurel a warm, caring, and positive community. Have a very blessed and enjoyable holiday season! Happy Hanukkah, Happy Winter Solstice, Merry Christmas, Happy Kwanzaa and Happy New Year to all! Winter Break is December 22 – January 4. School resumes on Thursday, January 5, 2023.

Sincerely,

Tommi Sue Cox, Principal



Supporting our Schools



Joe Mivshek

Joe.Mivshek@KW.com



970.420.7163



A Letter from the Principal, continued...

Queridas familias de Laurel,

Gracias por enviar a su hijo saludable a la escuela a tiempo todos los días. La buena asistencia es una clave vital para el éxito de su hijo.

Las clases comienzan a las 7:45. Los estudiantes pueden estar en la escuela a partir de las 7:15 todos los días. Los estudiantes tienen las siguientes opciones, a partir de las 7:15:

- desayunar en la cafetería Laurel
- jugar afuera en el patio de recreo
- unirse al Early Bird Club (leer libros en el Centro de Medios)
- o únase al Club de Matemáticas (práctica de habilidades matemáticas en el Laboratorio de Medios)

El servicio de desayuno termina a las 7:43.

Cuando su hijo no está en la escuela, le agradecemos que recuerde llamar a la línea de asistencia al 970-488-5926 para comunicar el motivo de las ausencias. También puede ingresar la ausencia de su hijo en ParentVUE en el sitio web de PSD <https://www.psdschools.org/schools/parents>

Marque estas fechas importantes en su calendario 2023:

- 5 de enero Primer día de regreso a la escuela después de las vacaciones de invierno
- 12 de enero 6:00 p. m. Reunión del PTO (en Google Meet)
- 27 de enero Día del espíritu: un día en el zoológico: traiga un peluche a la escuela
- 14 de febrero Día del espíritu: Día de vestirse de rojo, blanco y rosa
- 16 de febrero 6:00 p. m. 5 concierto de grado en Laurel Gym
- **20 de febrero NO HAY CLASES**
- 1 de marzo 6:00 p. m. 2 & 4 concierto de primavera de grados @ Lesher Middle School
- 9 de marzo 6:00 p. m. Reunión del PTO (en Google Meet)
- **11 al 19 de marzo Vacaciones de primavera - NO HAY CLASES**
- 31 de marzo Día del Espíritu – Día de los Gemelos – vístete con un amigo para lucir similar
- 12 de abril Kindergarten (2023-24) día de visita
- 13 de abril 6:00 p. m. Concierto Kinderstar en Laurel Gym
- **21 de abril NO HAY CLASES**
- 28 de abril Día del espíritu – Día de la carrera – vístete como quieres ser de mayor
- 11 de mayo 6:00 p. m.: reunión del PTO (en Google Meet)
- **15 de mayo NO HAY CLASES**
- 17 de mayo último día de preescolar
- 26 de mayo último día para estudiantes

Estoy muy agradecido por lo activas que son las familias de Laurel para hacer de Laurel una comunidad cálida, solidaria y positiva. ¡Que tengan una temporada festiva muy bendecida y agradable! ¡Feliz Hanukkah, feliz solsticio de invierno, feliz Navidad, feliz Kwanzaa y feliz año nuevo para todos! Las vacaciones de invierno son del 22 de diciembre al 4 de enero. La escuela se reanuda el jueves 5 de enero de 2023.

Sinceramente,

Tommi Sue Cox, directora



A Message from the Assistant Principal

Dear Laurel Families,

Reflecting on the last month, I hope everyone found gratitude in moments big and small. I am grateful for our community, our families, our students, and our staff. We have an incredible team of people, including all of you, who make our school the wonderful place it is for every child. December marks a time of increasing cold and darkness, but the magic of our Laurel community warms my heart and is a true light in our world.



Academically, December also marks a time mid-year assessments and increasing academic challenge, whether from increasing learning targets or from the added pressure our 5th graders may be feeling as they begin to think about middle school. Please know that at Laurel we commit to being there for you and your child (ren) through their excitement, their worries, and by continuing to help them meet all of life's challenges with a growth mindset. We also commit to never assessing your child(ren) unless required and/or directly necessary to provide the best targeted instruction for their needs. Here is a quick review of the assessments you can expect in December, as well as the growth mindset books shared in November's newsletter:

- READ Act Benchmark – This assessment is conducted 1:1 and measures students' reading performance, broken down into multiple subset areas such as first sound fluency, phonemic awareness, and accuracy. All students in K-3rd grade take this assessment, as well as any 4th-5th grade student who has a READ plan in place.
- STAR / STAR Early Literacy – This assessment is a schoolwide tool used to measure growth in both reading and math. All students K-5th grade take this assessment.

Reading Resources

Here are just a few books that can help you and your child engage in discussions about growth mindsets:

- *Beautiful Oops!* by Barney Saltzberg
- *The Magical Yet* by Angela DiTerlizzi
- *The Most Magnificent Thing* by Ashley Spires
- *What Do You Do With A Problem?* by Kobi Yamada
- *Your Fantastic Elastic Brain: Stretch It, Shape It* by JoAnn Deak

Lynx in the Spotlight

Our Lynx in the Spotlight for the month of December are Olivia Campanella, Amethyst Covalt, and Abigail Windsor. Be sure to read our Lynx in the Spotlight feature to find out more about these PAW-some Laurel Lynx!

Yours,
Amanda Pawelski
Assistant Principal

A Message from the Assistant Principal...

Estimadas familias de Laurel,

Reflexionando sobre el último mes, espero que todos hayan encontrado gratitud en momentos grandes y pequeños. Estoy agradecido por nuestra comunidad, nuestras familias, nuestros estudiantes y nuestro personal. Contamos con un increíble equipo de personas, incluidos todos ustedes, que hacen de nuestra escuela el lugar maravilloso que es para todos los niños. Diciembre marca una época de aumento del frío y la oscuridad, pero la magia de nuestra comunidad Laurel calienta mi corazón y es una verdadera luz en nuestro mundo.



Académicamente, diciembre también marca un momento para las evaluaciones de mitad de año y un mayor desafío académico, ya sea por el aumento de los objetivos de aprendizaje o por la presión adicional de nuestros 5^{el} los estudiantes de grado pueden estar sintiendo cuando comienzan a pensar en la escuela intermedia. Tenga en cuenta que en Laurel nos comprometemos a estar allí para usted y su(s) hijo(s) a través de su entusiasmo, sus preocupaciones y continuar ayudándolos a enfrentar todos los desafíos de la vida con una mentalidad de crecimiento. También nos comprometemos a nunca evaluar a su(s) hijo(s) a menos que sea necesario y/o directamente necesario para brindar la mejor instrucción específica para sus necesidades. Aquí hay una revisión rápida de las evaluaciones que puede esperar en diciembre, así como los libros de mentalidad de crecimiento compartidos en el boletín de noviembre:

- READ Act Benchmark: esta evaluación se lleva a cabo 1:1 y mide el rendimiento de lectura de los estudiantes, dividido en múltiples subconjuntos, como la fluidez del primer sonido, la conciencia fonémica y la precisión. Todos los estudiantes en K-3rd grado tome esta evaluación, así como cualquier 4^{el} -5^{el} estudiante de grado que tiene un plan READ implementado.
- STAR / STAR Early Literacy: esta evaluación es una herramienta de toda la escuela que se usa para medir el crecimiento tanto en lectura como en matemáticas. Todos los estudiantes K-5^{el} grado tomar esta evaluación.

Recursos de lectura

Aquí hay algunos libros que pueden ayudarlo a usted y a su hijo a participar en conversaciones sobre la mentalidad de crecimiento:

- *Hermoso Ups!* por Barney Saltzberg
- *El mágico todavía* por Ángela DiTerlizzi
- *La cosa más magnífica* por Ashley Spires
- *¿Qué haces con un problema?* por Kobi Yamada
- *Tu fantástico cerebro elástico: estíralo, dale forma* por JoAnn Deak

Lince en el centro de atención

Nuestros Lynx in the Spotlight para el mes de diciembre son Olivia Campanella, Amethyst Covalt y Abigail Windsor. ¡Asegúrese de leer nuestra función Lynx in the Spotlight para obtener más información sobre estos PAW-some Laurel Lynx!

Tuya,
Amanda Pawelski
Asistente principal

Lynx in the Spotlight, December 2022

Olivia Campanella, Amethyst Covalt, and Abigail Windsor

Abigail, Amethyst, and Olivia exemplify friendship both with each other and with others. When classmates need help, they are right there to support them and encourage them. They help show others how to do new learning tasks, and they help remind others of our ROAR expectations by noticing all the wonderful ways their classmates ROAR! Once when a peer was feeling challenged by big emotions, Amethyst made them little Zones of Regulation reminder sticks. This made her peer feel valued, supported, and showed them true kindness and friendship. We are very proud of all the ways these Lynx in the Spotlight can ROAR!

Abigail, Amethyst y Olivia ejemplifican la amistad entre ellos y con los demás. Cuando los compañeros de clase necesitan ayuda, están allí para apoyarlos y alentarlos. Ayudan a mostrar a otros cómo hacer nuevas tareas de aprendizaje, y ayudan a recordar a otros nuestras expectativas de ROAR al notar todas las formas maravillosas en que sus compañeros de clase RUGEN. Una vez, cuando un compañero se sentía desafiado por grandes emociones, Amethyst les hizo pequeños recordatorios de Zonas de Regulación. Esto hizo que sus compañeros se sintieran valorados, apoyados y les mostró verdadera amabilidad y amistad. ¡Estamos muy orgullosos de todas las formas en que estos Lynx in the Spotlight pueden RUGIR!



We are here for your child's health!
¡Estamos aquí para la salud de su hijo!

Schedule your school or sport physical today!

¡Programe hoy su examen físico para la escuela o deporte!



Salud (303) 697-2583
Family Health (303) MYSALUD

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OUR CARE IS DINO-MITE!

MEDICAL = PEDIATRICS = DENTAL = BEHAVIORAL saludclinic.org



Fall Youth Club Registration is OPEN!

Whether you are just dipping your toes in the climbing world, or looking to move into competitive climbing, there is a place for you at Ascent!



Clubs fill FAST! Register today!

970.999.5596
2150 Joseph Allen Drive, Fort Collins, CO 80525
ascentstudio.com/youth_clubs

ASCENT STUDIO

Counselor's Column

Hello Laurel families.

Hope you are all enjoying your time together with your families and friends. The counseling team has wrapped up our Bully Prevention Unit for grades K-5. We are so proud of the genuine conversations we had and the empathy that was shown. We appreciate you connecting with your kiddos every week after our lessons!

Safety Smarts presentations have begun for grades K-3. Information was sent out earlier about this program, but please reach out with any questions you may have.

Important Information and Dates to remember:

- School of Choice Deadline is Dec.15.
- <https://www.psdschools.org/schools/school-choice-process>
- See attached flyer for Middle School Open House Nights and contact information
- Kindergarten Registration: <https://www.psdschools.org/kinder>

Thank you so much for your continued support.

Below is information we gathered from Big Life Journal. Sometimes we forget how powerful the word “why” can be.

WHEN WE RESPOND WITH WHY

- *Why did you do that?*
- *Why can't you just do what I ask?*
- *Why can't you be more like your sister?*
- *Why are you like this?*
- *Why don't you ever listen?*
- *Why does this have to be so hard?*

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 970-488-5982
sophiem@psdschools.org

<https://padlet.com/laurelcounselors/laurelcounseling>

Columna del Consejero

Hola familias Laurel.

Espero que todos estén disfrutando de su tiempo junto con sus familias y amigos. El equipo de consejería ha concluido nuestra Unidad de Prevención de Acosadores para los grados K-5. Estamos muy orgullosos de las conversaciones genuinas que tuvimos y la empatía que se mostró. ¡Apreciamos que te conectes con tus hijos cada semana después de nuestras lecciones!

Las presentaciones de Safety Smarts han comenzado para los grados K-3. La información se envió anteriormente sobre este programa, pero comuníquese con cualquier pregunta que pueda tener.

Información importante y fechas para recordar:

La fecha límite de School of Choice es el 15 de diciembre.

<https://www.psdschools.org/schools/school-choice-process>

- *Vea el folleto adjunto para las noches de puertas abiertas de la escuela intermedia y la información de contacto*

Inscripción al jardín de infantes: <https://www.psdschools.org/kinder>

Muchas gracias por su continuo apoyo.

A continuación se muestra la información que recopilamos de Big Life Journal. A veces olvidamos cuán poderosa puede ser la palabra "por qué".

CUANDO RESPONDEMOS CON POR QUÉ

- ¿Por qué hiciste eso?
- ¿Por qué no puedes hacer lo que te pido?
- ¿Por qué no puedes ser más como tu hermana?
- ¿Por qué eres así?
- ¿Por qué nunca escuchas?
- ¿Por qué esto tiene que ser tan difícil?

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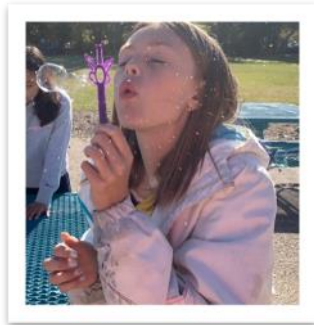
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Media: Our 3D printers have been busy these past few weeks! Fifth grade students used the online software Tinkercad to design bubble wands. First, they drew the wand on paper and then measured length and width knowing that whatever they drew had to be drawn to scale in Tinkercad, Students also focused on structural integrity (can't have that bubble wand break off when dipping into the bubble solution). We had a ball testing them to see if they worked.

Next up for 3D printing is fourth grade which will design and print their names in Braille.



Art Current projects can be found by visiting your child's Google classroom.

Music: www.laumusic.weebly.com

P.E: <https://sites.google.com/psdschools.org/laulearningpe>

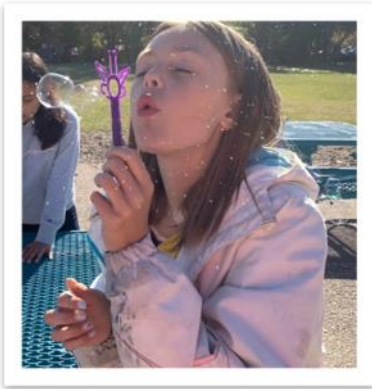


An advertisement for "The Women's Clinic of Northern Colorado". It features two photos: a woman sitting on a couch using a tablet, and a pregnant woman sitting on a bed. Below the photos is the clinic's logo and name. At the bottom, a dark brown button contains the text "Schedule Your Appointment Today!".



Medios: ¡Nuestras impresoras 3D han estado ocupadas estas últimas semanas! Los estudiantes de quinto grado utilizaron el software en línea Tinkercad para diseñar varitas de burbujas. Primero, dibujaron la varita en papel y luego midieron la longitud y el ancho sabiendo que todo lo que dibujaron tenía que ser dibujado a escala en Tinkercad, Los estudiantes también se centraron en la integridad estructural (no puede hacer que esa varita de burbuja se rompa al sumergirse en la solución de burbuja). Tuvimos una pelota probándolos para ver si funcionaban.

El siguiente paso para la impresión 3D es cuarto grado, que diseñará e imprimirá sus nombres en Braille.



Los proyectos de Art Current se pueden encontrar visitando el aula de Google de su hijo.

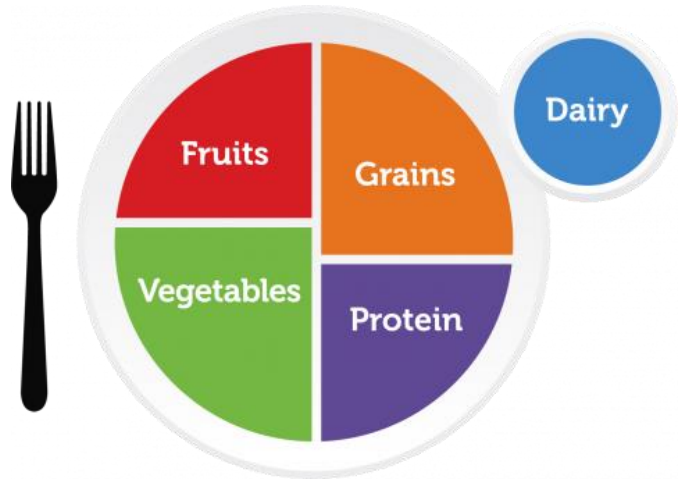
Música: www.laumusic.weebly.com

P.E: <https://sites.google.com/psdschools.org/laulearningpe>

Laurel Wellness News

The Plate Method!

Have you ever heard of the plate method? The plate method is a healthy way of eating that is easy for any family member to incorporate into their healthy habits. The goal is to fill your plate with $\frac{1}{2}$ fruits and vegetables, $\frac{1}{4}$ grains, $\frac{1}{4}$ protein, with a side of dairy or a bit of fat (about a tbs or one thumb) on the side.

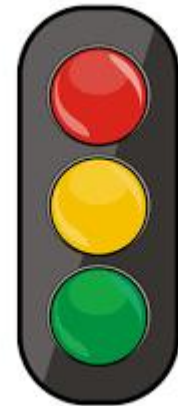


In PE enrichment, students will be learning about the plate method by playing games to practice filling our plates with healthy foods, learn about the different food groups, and also discuss red, yellow, and green light foods.

Red light foods are foods that you will enjoy ONCE IN A WHILE such as highly processed foods, treats, desserts, soda, sugary, or overly salty items. A red light means to take a moment to stop and think about how this food will benefit you or not. It also means to STOP and SAVOR this delicious food or drink such as cake at a birthday party, or hot chocolate on a holiday.

Yellow light foods are SOMETIMES foods that are somewhat processed, but are okay to eat frequently in limited amounts. (Often that $\frac{1}{4}$ portion of grains on our plate). These foods include things like: hot dogs, macaroni and cheese, pasta, breads, cereals, bars, crackers, corn chips, queso, etc. These should NOT be our main source of nutrients or snacks but often are a side item or part of a meal.

Green light foods are foods that are found in NATURE and are ALWAYS okay to eat. There is no need to limit the amount of fruits and vegetables you take in. These foods are colorful, one ingredient



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Laurel Wellness News, continued...

foods and also include quality proteins such as eggs, chicken, beef, fish, or pork.

“I am Strong, I am Capable, I Can Do Hard Things! Because...I am an Athlete!”

In PE, we often start out our class with these positive affirmations. An athlete is someone who is capable of moving and using their bodies for different skills and tasks. For December, the Wellness Team will be focusing on **CELEBRATION**. Mrs. Rittner will display a bulletin board outside the gymnasium where staff and students can showcase the awesome things that their bodies are capable of. If you can fold yourself into a pretzel, do handstands, or snowboard, we'd love to see! If you ran a 5k, or scored a goal at your soccer game, send us a photo or write a quick blurb about it. Maybe you met a personal record on the most consecutive jumps with your jump rope. Or, if your arms carry around your baby sister or help your dad sweep out the garage, or can create an amazing art piece, we want you to share. Maybe you can climb the tallest tree or hang on monkey bars or spin a basketball on your finger! Please share all the ways your body supports your fun hobbies, helps your family, keeps you strong and healthy, and makes you, YOU!

If you would like to email a photo with a short description, please send it to Mrs. Rittner at rittner@psdschools.org with Celebrate! in the subject. Let's celebrate the unique and amazing things our bodies are capable of!

3, 2, 1!

3 Ways to stay healthy around the holidays:

- **Try the Plate method!** - Fill your plate or bowl with ½ fruits and veggies, ¼ grains, and ¼ protein. Make it colorful! Eat your veggies first!
- **Hydrate!** Drink enough water each day to stay hydrated. When you are thirsty, you are already dehydrated. Urine should appear clear to very light yellow.

Don't skip meals to save up for a feast. Eat regular healthy meals on the day of a party or holiday meals. Avoid piling up all the food in a single

meal.

2 Ways to Be Mindful:

- **Take time for transitions:** After school and work give yourself and your children 20-30 minutes to have some quiet time to come down from the day. Maybe this includes snack time or coloring or a tv show. In these 20 minutes agree to no expectations but simply to enjoy some downtime. Create a calm, quiet break from academics or a bunch of directions. Then agree when the time is over what next steps are: putting away backpacks, preparing for dinner, talking about your day, etc.

Take Mini Walks throughout the day: Can't spend a full hour outside walking? Feeling too cold? Get out for 3-15 minutes instead and take several mini walks throughout the day to break up the times you are sitting or inactive. Mini walks still have great health benefits and can add up quickly throughout the day!

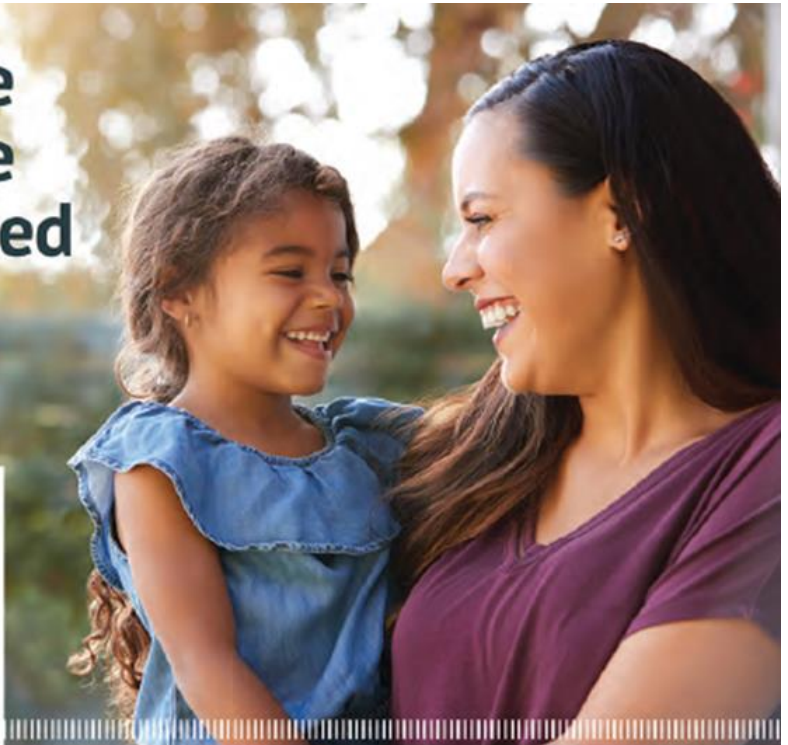
1 Healthy Holiday Recipe: 5 Ingredient Cauliflower Mac and Cheese

Ingredients (for 2 servings):

- 1 head cauliflower
- salt, to taste
- pepper, to taste
- ¼ cup sour cream, or greek yogurt
- ½ cup shredded cheddar cheese
- fresh parsley, chopped, optional

DIRECTIONS: Cut cauliflower into small florets, about 4 cups. Add cauliflower florets into a 6-quart pan of boiling water and boil for 5 minutes. Drain the cauliflower in a colander, and return to the pot. Reduce heat to low. Add in salt, pepper, and sour cream, and stir until thoroughly combined. Stir in cheddar cheese until melted. Remove from heat. Top with parsley (optional).

NEW! Affordable health insurance for undocumented Coloradans



INTRODUCING

OmniSalud

A new program that provides undocumented Coloradans with a safe way to compare and buy affordable health insurance on a secure online platform



Affordable healthcare for everyone

Here's what you can expect to pay with these health plans—even before meeting your deductible:

- \$0** Doctor visits when you are sick or have an injury
- \$0** Therapist or doctor visits for mental health or substance abuse
- \$0** Doctor visits for maternity care—before and after birth
- \$0** Diabetic supplies, including continuous glucose monitors
- \$5** Diabetes self-management education

Plus \$0 plans

If your income qualifies for financial help, there's no monthly cost.

Have peace of mind

- We do **NOT** ask for your immigration status when you apply
- Your information **CANNOT** be used for immigration enforcement

Get enrolled

FREE, local help you can trust.

Health District

LARIMER HEALTH CONNECT
970-472-0444
larimerhealthconnect.org



Scan the QR code to learn more



Open Enrollment runs November 1 - January 15

c4h.co/omnisalud

¡NUEVO! Seguro de salud económico para residentes de Colorado indocumentados



PRESENTAMOS

OmniSalud

Un nuevo programa que brinda a los residentes indocumentados de Colorado una forma segura de comparar y adquirir un seguro de salud en una plataforma en línea segura



Atención de salud accesible para todos

Esto es lo que puede esperar pagar con estos planes de salud—incluso antes de cumplir con su deducible:

- \$0** Visitas al médico cuando se enferme o se lastime
- \$0** Visitas al terapeuta o médico para atender salud mental o abuso de sustancias
- \$0** Visitas al médico para atención de maternidad—antes y después del parto
- \$0** Suministros para la diabetes, incluidos los glucómetros
- \$5** Orientación para el autocontrol de la diabetes

Más planes de \$0

Si su ingreso califica para la ayuda financiera, no hay costo mensual.

Le brindamos tranquilidad

- **NO** le preguntaremos su estatus migratorio cuando llene su solicitud
- **NO** se usará su información para enforcing las leyes de inmigración

✓ Inscríbese

¡Ayuda gratuita y local en la que puedes confiar!

Health District

LARIMER HEALTH CONNECT

970-472-0444

larimerhealthconnect.org



Escanee el código QR para aprender más



Inscríbese entre el 1° de noviembre y el 15 de enero.

c4h.co/omnisaludes

2023 EGGNOG BOTTLE ARTWORK CONTEST



ACCEPTING ENTRIES NOW THROUGH JANUARY 1, 2023!

Morning Fresh Dairy's Eggnog Artwork Contest offers doodlers, sketchers, and artists of all ages the creative opportunity to design one of our glass quart bottles holding our delicious Eggnog. Thousands of homes across Northern Colorado will get to enjoy our Eggnog and your artwork!

DESIGN RULES!

1. DESIGN YOUR BOTTLE

- Use the provided PDF template for sizing.
- Please stay within the blue lines.
- Use 3 colors maximum

2. SEND US YOUR ARTWORK

- Send a digital scan of your artwork to events@morningfreshdairy.com
- OR drop off the physical artwork to the Howling Cow Café.

3. ANNOUNCING THE WINNER

- We will accept entries up until Jan 1, 2023
- **One winner** will be notified via email
- Winner's artwork will be featured on our 2023 Eggnog Bottle, they will receive a free quart of eggnog to enjoy, and a free, private farm tour for them and their family!

SCAN QR CODE TO DOWNLOAD
FLYER AND BOTTLE TEMPLATE:

HAVE FUN!



www.morningfreshdairy.com

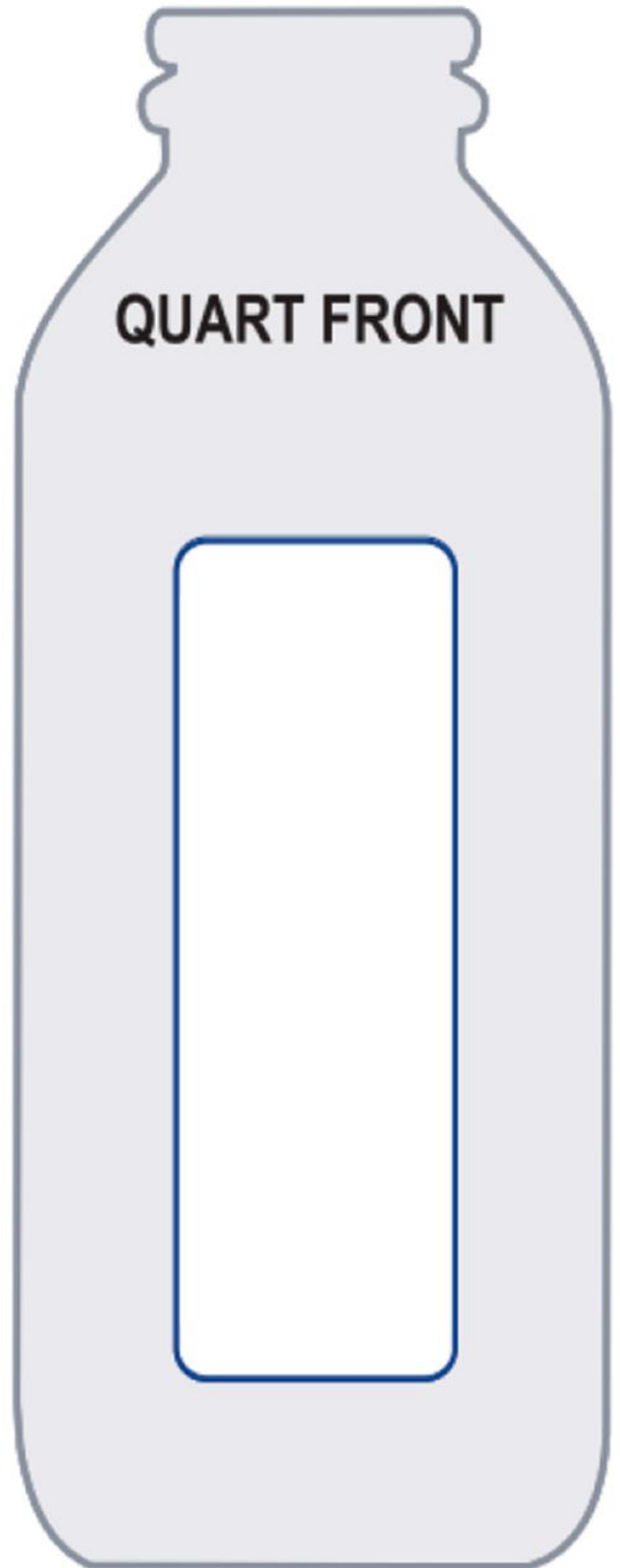
Fourth Street Since 1894
1621 West County Road 54E
Boulder, CO 80512

2023
EGGNOG
BOTTLE
ARTWORK
CONTEST

Name:

Email:

Send a digital scan of
your finished artwork to
events@morningfreshdairy.com
or turn in your physical copy to the
Howling Cow Café.



PSD School of Choice

PSD School Choice first-round application period deadline 11:59 p.m., Dec. 15

Poudre School District has a wide array of fantastic schools that each offer unique experiences to learn and grow, as well as paths that fit students' interests and needs.

If you know of anyone who would be interested in applying to our school during PSD's School Choice application period, we'd love for you to share the following information:

- School Choice first-round application period deadline to apply: 11:59 p.m., Dec. 15
- Learn more on the [School Options and Choice web page](#).
- Those with questions about the School Choice policy or process may email choice@psdschools.org.
- Those who are interested in applying to our school and have questions about what we offer may call the main office.

Traducción al español del boletín

La fecha límite del período de la primera ronda para presentar las solicitudes de la Selección de Escuela, del PSD, es el 15 de diciembre a las 11:59 p. m.

El Distrito Escolar Poudre tiene una amplia gama de escuelas excelentes que ofrecen experiencias únicas para aprender y crecer, así como una secuencia de clases en áreas específicas que se adaptan a los intereses y las necesidades de los estudiantes.

Si conocen a alguien que esté interesado(a) en presentar una solicitud a nuestra escuela, durante el período para ingresar solicitudes de la Selección de Escuela del PSD, nos encantaría compartir la siguiente información:

- Fecha límite del período de la primera ronda para presentar solicitudes de la Selección de Escuela: 15 de diciembre a las 11:59 p. m.
- Obtengan más información en la página web [School Options and Choice \(Opciones escolares y Selección de Escuela\)](#).
- Las personas que tengan alguna pregunta referente a la norma de la Selección de Escuela, o su proceso, pueden enviar un mensaje a través del correo electrónico a choice@psdschools.org.



POUDRE SCHOOL DISTRICT

**First-round application period deadline:
11:59 p.m. (MST), Dec. 15, 2022**

Advanced Placement (AP)
AVID – Advancement Via
Individual Determination
Concurrent Enrollment
Core Knowledge

Expeditionary Learning
International Baccalaureate
Online/Hybrid Learning
STEM (Science, Technology,
Engineering and Math)

**PSD
School
CHOICE**



psdschools.org

The poster features a background image of a hand holding a pen over a document with checkboxes. A yellow checkmark is visible in one of the boxes. The text is overlaid on the image in various colors and sizes to highlight key information.

December 2022

Laurel Elementary

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><i>Food Offered Daily:</i></p> <ul style="list-style-type: none"> • Salad Bar • Fruit Salad • Assorted Salad Dressings • Whole Wheat Dinner Roll • Chocolate Milk • Milk fat free • Milk low fat 1% • Assorted Condiments 	<p>1</p> <ul style="list-style-type: none"> • Beef Taco & Rice • Chicken Nuggets • Turkey or Ham & Cheese Sandwich • ColdDeli Yogurt & Goldfish or Pretzels • Pb&J Sandwich • Black Beans • Mexican Condiments- ELEM • Nugget Dipping Sauces 	<p>2</p> <ul style="list-style-type: none"> • Cheese Pizza • Hawaiian Pizza • Hummus & Veggie Box • ColdDeli Yogurt & Goldfish or Pretzels • Pb&J Sandwich • Corn • Assorted Italian Condiments
<p>5</p> <ul style="list-style-type: none"> • Chicken Patty Sandwich • Turkey Gravy & Roll • Cold Deli Meat & Roll • Cold Deli Yogurt & Roll • Pb&J Sandwich • Mashed Potatoes 	<p>6</p> <ul style="list-style-type: none"> • Penne & Meat Sauce • Pizza Bites • Ham or Turkey & Cheese Sandwich • Cold Deli Yogurt & Roll • Pb&J Sandwich • Green Beans • Assorted Italian Condiments 	<p>7</p> <ul style="list-style-type: none"> • Asian Teriyaki Chicken & Rice • Pig in a Blanket • Ham or Turkey & Cheese Sandwich • Cold Deli Yogurt & Roll • Pb&J Sandwich • Steamed Veggies 	<p>8</p> <ul style="list-style-type: none"> • Chicken Burrito • Grilled Ham & Cheese • Ham or Turkey & Cheese Sandwich • Cold Deli Yogurt & Roll • Pb&J Sandwich • Refried Beans • Mexican Condiments- ELEM 	<p>9</p> <ul style="list-style-type: none"> • Cheese Pizza • Pepperoni Pizza • Yogurt Parfait • Cold Deli Yogurt & Roll • Pb&J Sandwich • Steamed Carrots • Assorted Italian Condiments
<p>12</p> <ul style="list-style-type: none"> • Chicken Drumstick & Roll • Hamburger & Cheeseburger • Cold Deli Meat & Pretzels • Cold Deli Yogurt & Pretzel or Goldfish • Pb&J Sandwich • Mashed Potatoes 	<p>13</p> <ul style="list-style-type: none"> • Cheese Ravioli & Roll • Cheese Calzone & Marinara • Turkey or Ham & Cheese Sandwich • Cold Deli Yogurt & Pretzel or Goldfish • Pb&J Sandwich • Green Beans • Assorted Italian Condiments 	<p>14</p> <ul style="list-style-type: none"> • Orange Beef & Rice • Chicken & Waffles • Turkey or Ham & Cheese Sandwich • Cold Deli Yogurt & Pretzel or Goldfish • Pb&J Sandwich • Steamed Veggies 	<p>15</p> <ul style="list-style-type: none"> • Homemade Chili & Corn Muffin • Chicken Nuggets • Turkey or Ham & Cheese Sandwich • Cold Deli Yogurt & Pretzel or Goldfish • Pb&J Sandwich • Black Beans • Nugget Dipping Sauces 	<p>16</p> <ul style="list-style-type: none"> • Cheese Pizza • Veggie Pizza • Chicken Caesar Wrap • Cold Deli Yogurt & Pretzel or Goldfish • Pb&J Sandwich • Corn • Assorted Italian Condiments
<p>19</p> <ul style="list-style-type: none"> • Grilled Cheese Sandwich • Fish Sticks • Cold Deli Meat & Roll • Cold Deli Yogurt & Roll • Pb&J Sandwich • Tomato Basil Soup 	<p>20</p> <ul style="list-style-type: none"> • Mac & Cheese • Lasagna with Beef • Ham or Turkey & Cheese Sandwich • Cold Deli Yogurt & Roll • Pb&J Sandwich • Green Beans • Assorted Italian Condiments 	<p>21</p> <ul style="list-style-type: none"> • Cheese Pizza • Pepperoni Pizza • Chef Salad & Roll • Cold Deli Yogurt & Roll • Pb&J Sandwich • Peas • Assorted Italian Condiments 	<p>22</p>  <p>HAVE A GREAT Winter Break</p>	<p>23</p> <ul style="list-style-type: none"> • No School Today
<p>26</p>  <p>WARM WISHES</p>	<p>27</p> <ul style="list-style-type: none"> • No School Today 	<p>28</p> <ul style="list-style-type: none"> • No School Today 	<p>29</p> <ul style="list-style-type: none"> • No School Today 	<p>30</p> <ul style="list-style-type: none"> • No School Today

POUDRE SCHOOL DISTRICT MIDDLE SCHOOLS

Please call the Middle School directly for more information.

Favor de llamar a la escuela secundaria directamente para más información.

School of Choice Deadline: December 15, 2022 // Fecha límite para elegir la escuela secundaria: 15 de diciembre, 2022



Blevins Middle School

970-488-4000
2101 South Taft Hill Road
Fort Collins 80526

- Marcela Santamaria Guzmán- Family Liaison/ Enlace Familiar 970-413-0401
- Family Night: November 30, 2022 5:30-7:30 pm
- Noche de familias: 30 de noviembre, 2022 5:30-7:30 pm



Boltz Middle School

970-472-3700
720 Boltz Drive
Fort Collins 80525

- Gladis Bejarano, Parent Liaison/ Enlace familiar, 970-222-9309/ 970-472-3748
- Offers the Dual Language Program, Spanish Literacy (for HS credit), ELD services including Newcomer, and Spanish (for HS credit).
Ofrecen el programa bilingüe, lectura en español (créditos para preparatoria), servicios de ELD- recién llegados y español (para créditos de preparatoria)
- Open House: November 30, 2022, 5:30-7:30 pm
Noche informativa: 30 de noviembre, 2022 5:30-7:30 pm



Cache La Poudre Middle IB World School

970-488-7400
3515 W. County Road 54G
La Porte 80535

- Alessandra Vassaux, Parent liaison/Enlace familiar 970-685-8922
- Open House: December 1, 2022 5:30-7:30 pm
Noche informativa: 1 de diciembre, 2022 5:30-7:30 pm



Kinard Core Knowledge Middle School

970-488-5400
3002 East Trilby Road
Fort Collins 80528

- Yesenia Silverio Ocampo- Family liaison/ Enlace familiar 970-786-6780
- Family Night: December 1, 2022, 6:00-8:30 pm
Noche de familias: 1 de diciembre, 2022 6:00-8:30 pm



Leshar Middle IB World School

970-472-3800
1400 Stover Street
Fort Collins 80524

- Veronica Carrillo- Family Liaison/ Enlace familiar 970-889-3787
- Open House: November. 10, 2022, 6:00-7:30 pm
Noche informativa: 10 de noviembre, 2022 6:00-7:30

Lincoln Middle- IB World School



970-488-5700
1600 West Lancer Drive
Fort Collins 80521

- Karina Autenrieth-Family Liaison/ Enlace familiar
970-488-5765/ 970-889-3785
- Open House: December 8, 2022, 5:30-7:00 pm
Noche informativa: 8 de diciembre, 2022 5:30-7:00 pm



Poudre Community Academy (PCA)

970-490-3295
2540 LaPorte Avenue
Fort Collins 80521

Middle School 8th grade Orientation, 2/7/23, 3:45pm

Orientación de 8 grado de la escuela intermedia
7 de febrero, 2023, 3:45 p. m.



Poudre Global Academy (PGA)

970-488-4600
703 E Prospect Rd
Fort Collins, CO 80525

PGA K-12 School Information Sessions

12/1/22, 5:30-7:00 pm

1/19/23, 5:30-7:00 pm

Sesiones de información escolar de PGA K-12

1 de diciembre, 2022, 5:30-7:00pm

1 de enero, 2023, 5:30-7:00pm



Polaris Expeditionary Learning School

970-488-8260
1905 Orchard Place
Fort Collins 80521

- Open House: December 7, 2022, 5:00-5:45 pm
Noche informativa: 7 de diciembre, 2022 5:00-5:45 pm



Preston Middle School

970-488-7300
4901 Corbett Drive
Fort Collins 80528

- Yesenia Silverio Ocampo- Family liaison/ Enlace familiar
970-786-6780
- Open House: December 8, 2022, 6:00-8:00 pm
Noche informativa: 8 de diciembre, 2022 6:00-8:00 pm



Timnath Middle-High School

970-419-3400
4700 Prospect Road
Timnath 80547

- Silvia García- Family Liaison/ Enlace familiar
970-566-1890/ 970-419-3423
- Open House: December 8, 2022, 6:30-8:30 pm
Noche informativa: 8 de diciembre, 2022 6:30-8:30



Webber Middle School

970-488-7800
4201 Seneca Street
Fort Collins 80526

- Iriana Anzola Zepa- Family Liaison/ Enlace familiar
970-889-3786
- Offer Spanish 1 & 2 and our 6th graders get a quarter of “World Lang. Explorations”.
Ofrecen español 1 y 2. Los estudiantes de 6^o grado reciben un cuarto de “exploración de idiomas”
- Open House: November 10, 2022, 6:00-7:30 pm
Noche informativa: 10 de noviembre, 2022 6:00-7:30 pm



Wellington Middle-High School

970-488-6600
2856 Cleveland Avenue
Wellington 80549

- Aida Rodríguez- Family Liaison/ Enlace familiar
970-219-8813
- Open House: November 30, 2022, 6:00-7:30 pm
Noche informativa: 30 de noviembre, 2022 6:00-7:30 pm