

**December
2021**



**1000 East Locust
Court
Fort Collins, CO
80524**

**Office Phone
(970) 488-5925**

**Fax
(970) 488-5927**

**Attendance
(970) 488-5926**

**Laurel
Website**



Laurel Elementary

SCHOOL OF ARTS & TECHNOLOGY

A Letter From the Principal...

Dear Laurel families,

Thank you for sending your healthy child to school on time every day. Good attendance is a vital key to the success of your child.

Classes begin at 7:45. Students can be on school grounds beginning at 7:30 every day. Students have the options, beginning at 7:30, to eat breakfast or play outside on the playground. Breakfast service ends at 7:45.



When your child is not in school, we appreciate that you remember to call the attendance line at 488-5926 to communicate the reason for absences.

continued on next page

 The Youth Clinic
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TIME WELL SPENT

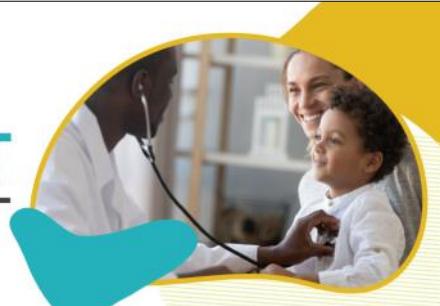
Your child's Well Care Visits help us address the following:

 Diet & Nutrition

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Click Here to Self-Schedule Your Child's Well Care Visit Today!

**December
2021**



A Letter from the Principal, continued...

PSD expectations for remote learning in all schools

The district's focus is to have all students participate in in-person learning at schools as much as possible. However, some students may miss being in school because of illness, quarantine, an emergency or other circumstances. PSD wants to ensure students can continue learning remotely when they can't be at school regardless of the reason for the absence. Teachers and staff will do their best to support students who are learning online.

More information is available on the [PSD Remote Learning web page](#). There you will find expectations, information about Teacher Learning pages, and additional technology resources. Please let us know if you have specific questions about how this looks at our school.

I am very grateful for how active you are in making Laurel a warm, caring, and positive community. Have a very blessed and enjoyable holiday season! Happy Hanukkah, Happy Winter Solstice, Merry Christmas, Happy Kwanzaa and Happy New Year to all! Winter Break is December 18 – January 3. School resumes on Tuesday, January 4, 2022.

Sincerely,

Tommi Sue Cox, Principal



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Your Hometown Healers
DOCTOR OWNED & OPERATED

The Women's Clinic
of Northern Colorado

The advertisement features a background image of a large, arched rock formation, possibly Balanced Rock in Arches National Park. Overlaid on the bottom half is a graphic of several white, stylized, hand-like shapes pointing upwards. The text "Your Hometown Healers" is prominently displayed in a bold, sans-serif font, with "DOCTOR OWNED & OPERATED" in a smaller font below it. At the bottom, the logo for "The Women's Clinic of Northern Colorado" is shown, featuring a stylized green and blue circular icon followed by the clinic's name.

Message from the Principal

Estimadas familias de Laurel,

Gracias por enviar a su hijo sano a la escuela a tiempo todos los días. La buena asistencia es una clave vital para el éxito de su hijo.

Las clases comienzan a las 7:45. Los estudiantes pueden estar en los terrenos de la escuela a partir de las 7:30 todos los días. Los estudiantes tienen la opción, a partir de las 7:30, de desayunar o jugar al aire libre en el patio de recreo. El servicio de desayuno finaliza a las 7:45.

Cuando su hijo no está en la escuela, agradecemos que recuerde llamar a la línea de asistencia al 488-5926 para comunicar el motivo de las ausencias.

Expectativas del PSD con respecto al aprendizaje a distancia en todas las escuelas

El enfoque del Distrito Escolar Poudre (PSD, por sus siglas en inglés) se centra en que todos los estudiantes participen en el aprendizaje en persona en las escuelas, tanto como sea posible. Sin embargo, algunos estudiantes pueden no asistir a la escuela debido a una enfermedad, cuarentena, una emergencia u otras circunstancias. El PSD quiere asegurarse que los estudiantes puedan seguir aprendiendo a distancia cuando haya situaciones que les impida estar en la escuela, independientemente del motivo de la ausencia. Los maestros y el personal harán todo lo posible para apoyar a los estudiantes que están aprendiendo en línea.

Pueden obtener más información en la página web del [Aprendizaje a distancia \(Remote Learning\)](#) del PSD. Allí encontrarán expectativas, información sobre las páginas de aprendizaje de el/la maestro(a) y recursos informativos adicionales referentes a la tecnología. Si tienen alguna pregunta con respecto a este tema en nuestra escuela, comuníquense con nosotros.

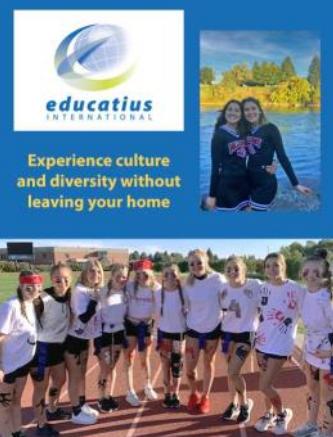
Estoy muy agradecido por lo activa que es para hacer de Laurel una comunidad cálida, cariñosa y positiva. ¡Que tengan una temporada festiva muy bendecida y agradable! ¡Feliz Hanukkah, feliz solsticio de invierno, feliz Navidad, feliz Kwanzaa y feliz año nuevo para todos! Las vacaciones de invierno son del 18 de diciembre al 3 de enero. La escuela se reanuda el martes 4 de enero de 2022.

Atentamente,

Tommi Sue Cox, Directora



December 2021



Host families needed now!

\$500/month stipend to help cover costs Students come from all over Europe and South America for a semester or a full year!

For more information contact
Aspen Perkins
Call or text: (907) 764-2932
Email: Aspen.Perkins@educatus.org



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A Message from the Assistant Principal

Dear Laurel Lynx Families,

Thank you for reinforcing our ROAR code at home by using our common language of Respect, Ownership of Behavior, (Positive) Attitude, and Responsibility. Having a common language is helpful in reinforcing expectations for students who are developing these skills and learning how to apply them to various settings and situations in their lives.

We know that students are (re)learning what it looks like to be an engaged in-person learner, how to interact with peers safely, and what our expectations are during school hours. We see the growth students are making, and we have a staff commitment to providing students with behavior feedback in a ratio of 5-8 positive comments to every 1 corrective comment.

One way we reinforce expected and safe behavior is through active and on-going teaching, which includes naming specific behaviors. Here are a few examples of what this may sound like:

- Lenny, thank you for showing responsibility by picking up that paper from the floor.
- Lila, thank you for owning your behavior by letting me know it was you who had splashed water in the hallway. Let's clean it up so nobody slips.
- Lou, thank you for showing respect by listening quietly when your friend was sharing their story.
- Lorenzo, thank you for having a positive attitude in math today. I know it was challenging and you showed a growth mindset by trying new ways to find the answer.

Our Lynx in the Spotlight for the month of December are Olivia Rubilar and Sydney Sheeran. Please see the Lynx in the Spotlight feature of our newsletter to learn what makes Olivia and Sydney great friends!

Keep on ROARING, Laurel Lynx!

Yours,

Amanda Pawelski

Assistant Principal and MTSS Coordinator



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2021**

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A Message from the Assistant Principal

Estimadas familias de Laurel Lynx,

Gracias por reforzar nuestro código ROAR en casa utilizando nuestro lenguaje común de respeto, propiedad del comportamiento, actitud (positiva) y responsabilidad. Tener un lenguaje común es útil para reforzar las expectativas de los estudiantes que están desarrollando estas habilidades y aprendiendo a aplicarlas en diversos entornos y situaciones de sus vidas.

Sabemos que los estudiantes están (re) aprendiendo cómo se ve ser un aprendiz involucrado en persona, cómo interactuar con sus compañeros de manera segura y cuáles son nuestras expectativas durante el horario escolar. Vemos el crecimiento que están logrando los estudiantes y tenemos el compromiso del personal de brindarles a los estudiantes comentarios sobre el comportamiento en una proporción de 5-8 comentarios positivos por cada 1 comentario correctivo.

Una forma en que reforzamos el comportamiento esperado y seguro es a través de la enseñanza activa y continua, que incluye nombrar comportamientos específicos. A continuación, se muestran algunos ejemplos de cómo puede sonar esto:

- Lenny, gracias por mostrar responsabilidad al recoger ese papel del suelo.
- Lila, gracias por reconocer tu comportamiento haciéndome saber que fuiste tú quien había salpicado agua en el pasillo. Vamos a limpiarlo para que nadie se resbale.
- Lou, gracias por mostrar respeto al escuchar en silencio cuando su amigo estaba compartiendo su historia.
- Lorenzo, gracias por tener una actitud positiva en matemáticas hoy. Sé que fue un desafío y demostró una mentalidad de crecimiento al probar nuevas formas de encontrar la respuesta.

Nuestras Lynx en el centro de atención durante el mes de diciembre son Olivia Rubilar y Sydney Sheeran. ¡Consulte la función Lynx in the Spotlight de nuestro boletín para saber qué hace que Olivia y Sydney sean grandes amigas!

¡Sigue rugiendo, Laurel Lynx! Les deseo a todos unas vacaciones de invierno seguras y divertidas. ¡Nos vemos en el nuevo año!

Tuyo,

Amanda Pawelski

Subdirector y coordinador de MTSS



No health insurance?
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and in-person
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Health District
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Lynx in the Spotlight, December 2021

Olivia Rubilar

and

Sydney Sheeran



Olivia and Sydney are great friends! They have built a special bond in kindergarten this year. They love to play outside together at recess making woodchip "ice cream" for all to enjoy! In class they help each other learn and grow as they develop their school skills. Way to ROAR, Olivia and Sydney! You are each awesome PAW-some friends, and we are happy to have you in our Lynx family!

¡Olivia y Sydney son grandes amigas! Este año han construido un vínculo especial en el jardín de infancia. ¡Les encanta jugar afuera juntos en el recreo haciendo "helado" de astillas de madera para que todos disfruten! En clase, se ayudan mutuamente a aprender y crecer a medida que desarrollan sus habilidades escolares. ¡Camino a ROAR, Olivia y Sydney! ¡Todos ustedes son increíbles amigos de PAW, y estamos felices de tenerlos en nuestra familia Lynx!



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Counselor's Corner

Hello Laurel families,

It's hard to believe we are rolling into the winter months. We know that these past 2 years have been stressful, and we want to remind you all to please take care of yourselves. Pay attention to your own needs and feelings. Engage in activities that you and your family enjoy and find relaxing. Taking care of yourself helps keep your mind and body healthy and primed to deal with stressful situations. Take time to just breathe and be. Reach out to your support system, utilize resources in our community and let us know how we can support you.

Social Emotional Learning through Second Step:

Our school will continue with teaching Second Step lessons to all classes, grades K-5. Classrooms will be wrapping up Unit 2 on Empathy and starting Unit 3 which will focus on Emotion Management. Our counseling team will also be teaching the Bully Prevention Unit of Second Step throughout the year.

- Recognize
- Refuse
- Report
- Bystander Power
-

Safety Smarts:

Presenters from *Voices Carry* have begun teaching our students in Kindergarten and will teach 1st-3rd later this year. They also teach the 3 R's, as listed above with our Bully Prevention Curriculum. Weekly communication is sent home communicating the focus of each lesson. Please reach out if you have any further questions about this program.

Farewell to Clint Bratton:

We have mixed feelings to see Clint Bratton and Pepper go. We are sad to know that their time at Laurel is up as their graduation date approaches. They have done such an incredible job interning with us and working with our kiddos and families. We are also thrilled to know that they will continue working in Poudre School District as a long-term substitute. Congratulations M. Bratton!!

Thanks for your continued love and support for our entire community!

Laurel's Counseling Team,

Mrs. Roberts
488-5935
lroberts@psdschools.org

Mrs. Jones
488-5982
leahj@psdschools.org

Community Resources: <https://healthinfosource.com/>

Please explore our counseling website for more resources and activities: <https://padlet.com/lauralcounselors/lauralcounseling>

Columna del consejero

Hola familias de Laurel,

Es difícil creer que estamos entrando en los meses de invierno. Sabemos que estos últimos 2 años han sido estresantes y queremos recordarles a todos que por favor se cuiden. Preste atención a sus propias necesidades y sentimientos. Participe en actividades que usted y su familia disfruten y encuentren relajantes. Cuidarse le ayuda a mantener su mente y su cuerpo sanos y preparados para afrontar situaciones estresantes. Tómate el tiempo para respirar y estar. Comuníquese con su sistema de apoyo, utilice los recursos de nuestra comunidad y háganos saber cómo podemos ayudarlo.

Aprendizaje socioemocional a través del segundo paso:

Nuestra escuela continuará enseñando lecciones de **Second Step** a todas las clases, grados K-5. Las aulas concluirán la Unidad 2 sobre Empatía y comenzarán la Unidad 3, que se centrará en el Manejo de las Emociones. Nuestro equipo de consejería también estará enseñando la Unidad de Prevención de Bully de **Second Step** durante todo el año.

- Reconocer
- Rehusar
- Reporte
- Poder del espectador

Programa Safety Smarts:

Los presentadores de *Voices Carry* han comenzado a enseñar a nuestros estudiantes en el jardín de infantes y enseñarán del 1 al 3 más adelante este año. También enseñan las 3 R, como se enumeran anteriormente con nuestro plan de estudios de prevención del acoso escolar. La comunicación semanal se envía a casa comunicando el enfoque de cada lección. Comuníquese con nosotros si tiene más preguntas sobre este programa.

Adiós a Clint Bratton:

Tenemos sentimientos encontrados al ver partir a Clint Bratton y Pepper. Nos entristece saber que su tiempo en Laurel se acaba a medida que se acerca la fecha de graduación. Han hecho un trabajo increíble al hacer prácticas con nosotros y trabajar con nuestros niños y familias. También estamos encantados de saber que continuarán trabajando en el Poudre School District como sustitutos a largo plazo. ¡¡Felicitaciones M. Bratton !!

¡Gracias por su continuo amor y apoyo a toda nuestra comunidad!

Equipo de consejería de Laurel,

Mrs. Roberts
488-5935
iroberts@psdschools.org

Mrs. Jones
488-5982
leahj@psdschools.org

Recursos de la comunidad: <https://healthinfosource.com/>

Explore nuestro sitio web de asesoramiento para obtener más recursos y actividades:

<https://padlet.com/laurelcounselors/laurelcounseling>

**December
2021**



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Auxiliary aids and services are available for persons with disabilities.



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Special's Corner



This Month's Highlights:

Art:

<https://sites.google.com/psdschools.org/laulearningestemplate/home>

Check out the tab for student art galleries where families can view their student's artwork while waiting for it to come home.

First grade is currently making short stories to celebrate the power of writing. Kindergarten is making playgrounds to celebrate the fun we have at school, and second grade is making a mind map of what they love about themselves.

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We are here for your child's health!

Schedule your school or sport physical today!

We have the COVID vaccine for your entire family.



Salud
Family Health Centers (303) 697-2583
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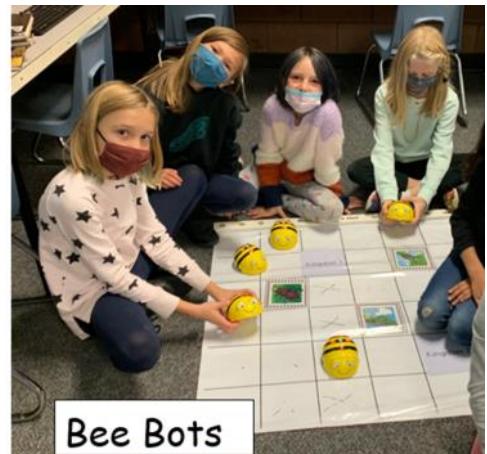
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OUR CARE IS DINO-MITE!

MEDICAL □ PEDIATRICS □ DENTAL □ BEHAVIORAL saludclinic.org

Special's Corner, continued...**Media**

Here are a few of our third and fourth grade students engaged in a variety of enrichment activities.



Special's Corner, continued...



Music:

If your child has Enrichment with Ms. Kelly, we have been learning to play piano keyboards! We learned about the pattern of the black and white keys (ask your child about the fork and chopsticks!), the notes of the music alphabet, and how to find the letter pitch on a keyboard.

Since we are using electronic keyboards, we also explored the Song Bank (it plays songs for you!), the Rhythm Patterns (you can play your own song to a backbeat of your choosing), and the Tone Bank (the keyboard can sound like over 100 different instruments or sound effects!).

We learned to play Hot Cross Buns in 2 different keys, Baby Shark (you're welcome), and to read Twinkle, Twinkle from a color coded page to match colors on our keys. Maybe the next time you are around one of the Pianos Around Town, ask your student to play you one of these songs!

P.E:

<https://sites.google.com/psdschools.org/laulearningpe>

We have been learning about the 5 food groups and the plate method through games. Students practiced categorizing food into red, yellow, and green light foods, then building a balanced plate as a team.



Laurel Wellness News

Alternative Birthday Celebrations:

At Laurel we like to encourage birthday celebrations to include physical activities in place of sweet treats. We have a celebration box that includes many different activities that students can check out for free to use to celebrate their birthday in the classroom. Ask your child's teacher for a form and pick out some fun activities with your child. Please allow at least a week for the request to be processed!



Birthday Celebrations at Laurel made FUN, EASY & ACTIVE!

Laurel Parents!

Great News!! The Laurel Wellness Team has a "Party in a Box" available for your kiddo's classroom birthday celebration!! Almost all of the activities are completely FREE* and provide a true celebration that is a whole lot of fun- playing games and listening to music with their friends. The "Party in a Box" is an option instead of a treat (which can save you time and money!).

PARTY IN A BOX CHECK OUT FORM

Students are invited to check-out any one of the following items to be used to celebrate their birthday in their classroom:

- | | |
|-------------------------------------------------------------------|----------------------------------------------------------------------------------|
| <input type="checkbox"/> Karaoke Machine | <input type="checkbox"/> Badminton Rackets and Birdies (<u>4</u> rackets total) |
| <input type="checkbox"/> Bluetooth Speaker (allow time to charge) | |
| <input type="checkbox"/> Velcro Mitt & Balls | |
| <input type="checkbox"/> Fit Deck Exercise Cards | <input type="checkbox"/> Egg & Spoon Game |
| <input type="checkbox"/> Giant Foam Dice | <input type="checkbox"/> Hopscotch Rug |
| <input type="checkbox"/> Bean Bag Toss | |

Name: _____ Date Needed: _____
Form must be received ONE WEEK prior to check-out.

Parent Signature: _____
Teacher Signature: _____

Enjoy your celebration and let us know if you have any questions or suggestions!

Contact: Emily Anderson at emilya@psdschools.org

Return this form to Emily Anderson via email or place it in her mailbox in the teacher's lounge.

Laurel received a grant from Action For Healthy Kids and the Colorado PTA in the form of a "Party in a Box". It contains lots of ways to have fun and get active. The Laurel Wellness Team invites students and staff to check-out any of these items to be used to celebrate a birthday, reward for achieving a class PAW target, making indoor recess more active or just to have fun with their classmates. This increases physical activity, decreases sugar intake and promotes fun, healthy engagement amongst students and their school community.

Laurel Wellness News, continued...

Stoplight Snacks:



Mrs. Rittner has been playing games in PE involving the 5 food groups, the plate method, and stoplight foods. (featured in the November newsletter). We learned how to make healthy food choices every day with mostly green light foods and some yellow light foods, but also to enjoy ourselves for special occasions (red light foods.) With holidays and parties coming up, it is a good reminder to fill your plate with mostly green light foods, then choose one special treat here and there.

3, 2, 1!

3 Ways to stay healthy:

- **Plan out healthy breakfasts for the week on Sunday:** this will allow you not to feel rushed in the morning and have healthy options ready to go.
 - **Work together to make a list of easy to access and healthy after school snacks:** this creates independence for students to be able to find their own snack after school
- Pick a day each week that the whole family will move their bodies together:** by planning a day ahead of time it holds everyone accountable for making the time

2 Ways to Be Mindful:

- **Share a 3 breath hug when your students get home from school**

At the dinner table take a few minutes to stop and have family members share a positive of the day, something they struggled with, and something they found funny during the day

1 Healthy Holiday Recipe: 5 Ingredient Cauliflower Mac and Cheese

Ingredients (for 2 servings):

- 1 head cauliflower
- salt, to taste
- pepper, to taste
- $\frac{1}{4}$ cup sour cream, or greek yogurt
- $\frac{1}{2}$ cup shredded cheddar cheese
- fresh parsley, chopped, optional

DIRECTIONS: Cut cauliflower into small florets, about 4 cups. Add cauliflower florets into a 6-quart pan of boiling water and boil for 5 minutes. Drain the cauliflower in a colander, and return to the pot. Reduce heat to low. Add in salt, pepper, and sour cream, and stir until thoroughly combined. Stir in cheddar cheese until melted. Remove from heat. Top with parsley (optional).

Fort Collins Moves



Do you have ideas about where walking, bicycling, and rolling could be even better? The City of Fort Collins needs your help to enhance Safe Routes to School (and everywhere) in Fort Collins! **Share your ideas and comments by November 30th:**

Survey - <https://survey.alchemer.com/s3/6595460/Active-Modes-Plan-Survey>

Web map - <https://ourcity.fcgov.com/active-modes-plan/maps/active-modes-plan-mapping-activity>

Your input will inform the City's Active Modes Plan, which will incorporate not only pedestrians and bicyclists, but also micromobility devices such as scooters and skateboards. The plan will identify key opportunities to significantly improve and expand the City's existing active-modes networks (such as the low-stress bike network), support facilities, policies, and programs, including Safe Routes to School. The goal is to make it easy, safe, and attractive for people of all ages and abilities, particularly youth, to use active modes of transportation such as walking, bicycling, scootering, and skateboarding. To learn more, visit the project webpage at fcgov.com/WalkBikePlan.

¡Comparte sus ideas y comentarios en como se puede mejorar la experiencia de caminar, andar en bici, y rodar en Fort Collins! Ayuda a la Ciudad de Fort Collins a entender cómo han cambiado las prioridades y necesidades de andar a pie y bicicleta han cambiando desde planes anteriores. **Comparte sus ideas antes del 30 de noviembre de 2021:**

Encuesta - <https://survey.alchemer.com/s3/6602769/cf0381c8c0e7>

Mapa web - <https://ourcity.fcgov.com/active-modes-plan/maps/mapa-web-del-plan-de-modos-activos>

Sus comentarios son muy importantes para el desarrollo del Active Modes Plan (Plan de modos activos). El Plan de modos activos no solo incorporará a peatones y ciclistas, sino también a dispositivos de micromovilidad como monopatines eléctricos o "scooters" y patinetas. Se identificarán las oportunidades clave para mejorar y ampliar significativamente las redes de modos activos existentes en la ciudad, las instalaciones de apoyo, las políticas y los programas. El objetivo es lograr que el uso de modos activos de transporte sea más fácil, seguro y atractivo para personas de todas las edades y capacidades. Más información: fcgov.com/WalkBikePlan



Our fall Bstrong Bfit program wrapped up with the Bellringer 2 mile race on Nov. 6. This fall we had 9 schools participate with 164 4th and 5th grade girls. Bstrong Bfit is an eight-week program for 4-6th grade girls to promote health, wellness and self-esteem.



HEALTHY BEST BINGO!

DIRECTIONS:

- Cross off squares as you complete them to try to get a Bingo.
- Game begins Nov. 22 and ends Dec. 10.
- Each Bingo will count as one entry into our drawing for Healthy Kids Club prize packs.
- Follow this link (<https://bit.ly/HealthyKidsBingo2021>) to enter the prize drawing by Dec. 13.
- Winners will be notified by email.

Qualifying BINGO:
horizontal • vertical • diagonal



Less than 2 hours of recreational screen time.	Eat a fruit or veggie for a snack.	Gratitude dinner - share 3 things that you're thankful for.	Go for a family walk.	Get a total of 1 hour of exercise today.
Turn on your favorite music and dance for 10 minutes.	Family dance party!	Get a total of 1 hour of exercise today.	Eat a fruit or veggie for a snack.	Drink 0 sugary drinks today.
Get a total of 1 hour of exercise today.	Eat a total of 5 fruits and vegetables.	Drink 8 glasses of water.	Random Act of Kindness - do 2 acts of kindness for someone today.	Get 9 hours or more of sleep.
Eat a fruit or veggie for a snack.	Get 9 hours or more of sleep.	Go for a family walk.	Get a total of 1 hour of exercise today.	Less than 2 hours of recreational screen time.
Random Act of Kindness - do 2 acts of kindness for someone today.	Drink 0 sugary drinks today.	Eat a total of 5 fruits and vegetables.	Family dance party!	Help prepare a healthy dinner.



Healthy Best Bingo!

DIRECTIONS:

- Click on bingo image and print out Bingo Card.
- Cross off squares as you complete them to try to get a Bingo.
- Game begins today and ends Dec. 10.
- Each Bingo will count as one entry into our drawing for Healthy Kids Club prize packs.
- Follow this link <https://bit.ly/HealthyKidsBingo2021> to enter the prize drawing by 12:00 p.m., Monday, Dec. 13.
- Winners will be notified via email by Friday, Dec. 17.

Instrucciones:

- Click en la imagen de bingo e imprime la Bingo Card.
- Marca los cuadrados según los completas para tratar de obtener un Bingo.
- El juego comienza hoy y termina el 10 de diciembre.
- Cada Bingo cuenta para una entrada al sorteo de paquetes de premios Healthy Kids Club.
- Sigue este enlace (<https://bit.ly/HealthyKidsBingo2021>) para entrar al sorteo de premios antes de las 12:00 p.m., el lunes 13 de diciembre.
- Los ganadores serán notificados por email para el viernes, 17 de diciembre.

Nuestro programa Bstrong Bfit estará envuelto con la carrera de 2 millas Bellringer el 6 de noviembre. Este otoño tuvimos 9 escuelas participando con 164 niñas de 4to y 5to grado. Bstrong Bfit es un programa de ocho semanas para promover salud, bienestar y autoestima en niñas de 4-6to grado.

District Advisory Board

An aspect of our school district that you might not be aware of is the District Advisory Board. The DAB advises the district on a number of initiatives and is made up of parent representatives from each school. As a link between the community and the district, the DAB meets once a month and gives parents an opportunity to interact and engage with the district.

Our DAB representatives for Laurel this year are Queen and Jami Montoya. This is Queen's second year serving on the DAB. She has two 3rd graders and a 5th grader at Laurel, as well as an 8th grader. Queen is an active community leader and is pushing forward the conversation about equity in our schools and across the district. Jami is in her first year on the board with a kindergartner at Laurel as well as a preschooler and 11th grader at FCH. Jami has a background in education and believes the mental health of our students and their social-emotional support are more important than ever. Both representatives are passionate about working together on the DAB to support Laurel's mission of educating the whole child and celebrating differences.

Learn more about the DAB here: <https://www.psdschools.org/community/community-committees/dab>

November Update: The District Advisory Board discussed and began implementing new approaches to members' information sharing between DAB and individual schools via their School Accountability Committees (SAC) to keep both groups apprised as to what the other is doing. These approaches will also facilitate information sharing and collaboration between DAB members regarding their own school's best practices on timely topics. PSD's Director of Research and Evaluation Dwayne Schmitz, PhD also presented to the group on current notable trends in publicly available District data and how to navigate it on PSD's website. The data includes but is not limited to disciplinary events, student opportunities and achievement, and Connections Survey results, and filters (e.g., race, socioeconomic status) can be applied to glean even more information from the data to help inform future policy and practices.

Junta Asesora de Distrito

Un aspecto de nuestro distrito escolar que quizás no conozca es la Junta Asesora del Distrito. El DAB asesora al distrito sobre una serie de iniciativas y está formado por padres representantes de cada escuela. Como vínculo entre la comunidad y el distrito, el DAB se reúne una vez al mes y brinda a los padres la oportunidad de interactuar y participar con el distrito.

Nuestros representantes de DAB para Laurel este año son Queen y Jami Montoya. Este es el segundo año de Queen en el DAB. Ella tiene dos estudiantes de tercer grado y un estudiante de quinto grado en Laurel, así como un estudiante de octavo grado. Queen es un líder comunitario activo y está impulsando la conversación sobre la equidad en nuestras escuelas y en todo el distrito. Jami está en su primer año en la pizarra con un niño de jardín de infantes en Laurel, así como un niño de preescolar y un estudiante de undécimo grado en FCH. Jami tiene experiencia en educación y cree que la salud mental de nuestros estudiantes y su apoyo socioemocional son más importantes que nunca. A ambos representantes les apasiona trabajar juntos en el DAB para apoyar la misión de Laurel de educar al niño en su totalidad y celebrar las diferencias.

Obtenga más información sobre el DAB aquí: <https://www.psdschools.org/community/community-committees/dab>

Actualización de noviembre: La Junta Asesora del Distrito discutió y comenzó a implementar nuevos enfoques para el intercambio de información de los miembros entre el DAB y las escuelas individuales a través de sus Comités de Responsabilidad Escolar (SAC) para mantener a ambos grupos informados sobre lo que el otro está haciendo. Estos enfoques también facilitarán el intercambio de información y la colaboración entre los miembros de DAB con respecto a las mejores prácticas de su propia escuela sobre temas actuales. El Director de Investigación y Evaluación de PSD, Dwayne Schmitz, PhD, también presentó al grupo las tendencias notables actuales en los datos del Distrito disponibles públicamente y cómo navegar por ellos en el sitio web de PSD. Los datos incluyen, entre otros, eventos disciplinarios, oportunidades y logros de los estudiantes, y resultados de la Encuesta de Conexiones, y se pueden aplicar filtros (por ejemplo, raza, estado socioeconómico) para obtener aún más información de los datos para ayudar a informar las políticas y prácticas futuras.

Lunch Menu**December 2021****Laurel Elementary****Lunch**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		<ul style="list-style-type: none"> • Chicken Patty Sandwich • Chef Salad with Goldfish Crackers • Pb&J Sandwich • Salad with dressing • Whole Fruit, or Substitute • Fresh Strawberries, or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Beef & Bean Burrito • Turkey or Ham & Cheese Sandwich • Pb&J Sandwich • Fresh Cherry Tomatoes or Substitute • Whole Fruit, or Substitute • Watermelon or Substitute • Milk Variety • Assorted Condiments 	
6	7	8	9	10
<ul style="list-style-type: none"> • Chicken Drumstick with Goldfish • Cold Deli Yogurt with Granola • PB&J Sandwich with Pretzels or Goldfish • Fresh Celery Sticks, or Substitute • Whole Fruit, or Substitute • Fresh Blueberries, or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Cheesy Calzone & Marinara • Ham or Turkey & Cheese Sandwich • PB&J Sandwich with Pretzels or Goldfish • Bell Peppers, or Substitute • Whole Fruit, or Substitute • Orange Wedges • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Asian Meatballs & Rice • Cold Deli Yogurt with Granola • PB&J Sandwich with Pretzels or Goldfish • Fresh Cucumber Slice or Substitute • Whole Fruit, or Substitute • Fresh Kiwi, or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Chicken Burrito • Ham or Turkey & Cheese Sandwich • PB&J Sandwich with Pretzels or Goldfish • Salad with dressing • Whole Fruit, or Substitute • Fresh Cantaloupe, or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Pepperoni Pizza • Hummus & Veggie Box • PB&J Sandwich with Pretzels or Goldfish • Fresh Cherry Tomatoes or Substitute • Whole Fruit, or Substitute • Cuties, or Substitute • Milk Variety • Assorted Condiments
13	14	15	16	17
<ul style="list-style-type: none"> • Chicken Nuggets • Cold Deli Yogurt with Granola • Pb&J Sandwich • Fresh Snap Peas, or Substitute • Whole Fruit, or Substitute • Grapes, or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Cheese Lasagna Rollup • Turkey or Ham & Cheese Sandwich • Pb&J Sandwich • Fresh Carrots • Whole Fruit, or Substitute • Applesauce or Fruit Cup or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Chicken Patty Sandwich • Chicken Caesar Wrap • Pb&J Sandwich • Salad with dressing • Whole Fruit, or Substitute • Fresh Raspberries or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Beef & Bean Burrito • Turkey or Ham & Cheese Sandwich • Pb&J Sandwich • Fresh Cherry Tomatoes or Substitute • Whole Fruit, or Substitute • Watermelon or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Cheese Pizza • Cold Deli Yogurt with Granola • Pb&J Sandwich • Fresh Cucumber Slice or Substitute • Whole Fruit, or Substitute • Fresh Pear • Milk Variety • Assorted Condiments
20	21	22	23	24
 <p>HAVE A GREAT Winter Break</p> <ul style="list-style-type: none"> • No School Today 				
27	28	29	30	31
<ul style="list-style-type: none"> • No School Today 	<ul style="list-style-type: none"> • No School Today 	<ul style="list-style-type: none"> • No School Today 	<ul style="list-style-type: none"> • No School Today 	<ul style="list-style-type: none"> • No School Today

